

# Fouls

A **Foul** must be committed by a **player**:  
 On the **field** of play  
 Against an **opponent**  
 While the **ball** is in play

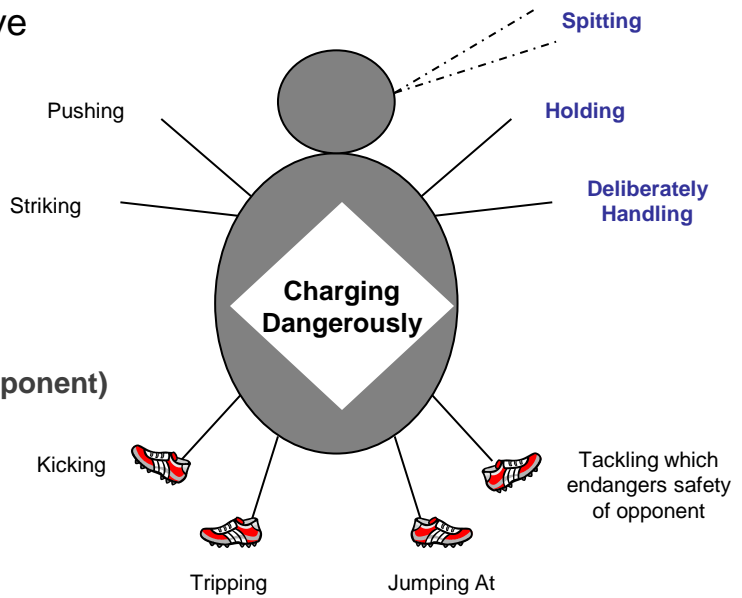
## Major Fouls (DFK)

If Careless, Reckless, or with Excessive Force

- Striking** or attempting to strike
- Kicking** or attempting to kick
- Tripping** or attempting to trip
- Jumping at**
- Charging dangerously**
- Pushing**
- Tackling** (which endangers safety of opponent)

If they occur:

- Holding**
- Deliberately Handling** the ball
- Spitting**




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## Technical Infractions (IFK)

4 by goalkeeper:

- **6** Holding ball more than 6 seconds
- **2**nd touch – handling the ball again after releasing it into play
- **T** Handling the ball from a throw-in by a teammate
- **K** Handling ball kicked to them by a teammate

4 by players:

- **P** reventing opponent playing ball by Playing in a Dangerous Manner (PIADM)
  - **I** mpeding an Opponent while not in playing distance
  - **P** reventing GK from releasing ball into play
  - **O** ther violation of Law 12 not mentioned
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# Misconduct

**Caution** and Show Yellow Card

**P**ersistent Infringement of the Laws

**U**nsporting Behavior

**D**elay

*Also to subs*

**D**issent

**L**eaving FoP without referee's permission

**E**ntering FoP without referee's permission

**T**en yards or Failure to Respect Distance

**Send-Off** and Show Red Card

**S**erious foul Play

**H**andling ball deliberately to deny obvious goal scoring opportunity

**O'**ther Foul to deny obvious goal scoring opportunity

**V**iolent Conduct

**A**busive Language

**S**pitting

**S**econd Yellow Card